

Host Your Next Retreat..

PALM BAY Great
Barrier
Reef

We have established Palm Bay as your own private escape. No roads, no distractions, no noise, simply the lapping sounds of the waves and the tropical birds to harmonise with your own retreat destination.

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You're Invited

Palm Bay is about to launch as Australia's island retreat destination for yoga, meditation and holistic health specialists. Here in Palm Bay we have created a retreat space that is designed to both facilitate and actively promote teacher trainings, intensives and retreats and we are so excited to share our tranquil jewel in the heart of the picturesque Whitsunday's.

Palm Bay is an intimate hideaway in its own private cove, tucked away in peace and seclusion. Our boutique, eco-style resort accommodation reflects the ultimate beachfront escape, dotted with a series of intimate private Burre's, Bungalows and Cabins all decorated to reflect the tranquillity and calm of the Great Barrier Reef.

On the beach, our yoga and meditation pavilion is a dreamscape rarely experienced in Australia. Right on the sand you can practice to the scene of mountains, peaceful waters with the sun rising over the islands. Wandering through the tropical landscaped gardens we enter the Buddha Bungalow where music and relaxation combine with a space that accommodates an indoor evening practice in front of the open stone fireplace.



Experience

During your down time guests can explore the island, with our national park walking trails, kayaking, snorkelling and turtle spotting! Additionally the reading room lends itself to inspiring literature and each bungalow offers a terrace and hammock for rest and rejuvenation.

Additionally, the private pool and spa, day beds, reading lounge and yoga boutique create an energy that is unparalleled and incredibly intimate.

Our resident chefs are raw and green living trained and draw culinary inspiration from our ethos of organic, wild, colourful, nutritious and seasonal produce. We have a Juice and Super Smoothie bar on site for the duration of your retreat and can work with you to create menu plans to suit your group and purpose.

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Accommodation & Prices

Palm Bay retreat is a sole occupancy retreat. Minimum occupancy is 20 villas and we can accommodate up to 40 people.

Accommodation rates are per villa and based on single occupancy. Every room has private ensuite, kitchenette, balcony with hammock, lounge space and can accommodate couples comfortably.

Accommodation Style	Number Available	Price
1 Bedroom Cabin	6	\$170.00 pn
1 Bedroom Burre	7	\$200.00 pn
1 Bedroom Bungalow	6	\$250.00 pn
2 Bedroom Bungalow	1	\$320.00 pn



Catering

We offer three catering options to suit your retreat style.

Raw Retreat.

All raw, with an emphasis on tropical fruits, green and sea based vegetables, nutritious salads, nuts and super foods.
\$70.00 per head

Soul Food Retreat

A focus on seasonal and highly nutritious colourful fruit, vegetable, grain and legume based salads, dips and cold pressed oils, rustic breads, live grilled seafood, raw cakes, teas juices, smoothies
\$85.00 per head

Smoothie & Juice Bar Detox

An extensive menu selection of nutritious smoothie and juice options, detoxifying broths and teas
\$ 40.00 per head

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Secure Your Next Retreat

Palm Bay online will go live on December 1st together with media launch campaign and has been positioned strategically to ensure international reach and presence. As part of this very exciting event, we invite you to secure your next retreat at Palm Bay and offer a very unique opportunity.

As our launch gift to retreat vendors, we will showcase and promote your retreat on our major reach website, together with our print media and advertising campaigns that will be drawing attention for 2014.

With links to your booking and registration we will create a visual profile as well as PDF link to your promotional flyer, expanding your reach to our international database. Additionally we will be employing social media to promote your retreat, studio and teachers and will be showcasing PALM bay at some very exciting national and international events along with your own retreat and our calendar of events.



At Palm Bay we want to support yoga and wellness practitioners in advancing their reach and scope to markets outside and otherwise inaccessible. We want to let people know who you are and what you are teaching in the yoga and wellness industry and we have a vested interest in promoting your retreat to broader and international markets, actively engaging external databases outside of your immediate location.

This is an incredible work opportunity to engage in what we consider a collaborative approach to supporting and promoting Yoga Practitioner's and retreat spaces in Australia and we look forward to creating your next uniquely beautiful, Australian wellness event.

For media, inquiries and bookings please contact:

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Retreats Page

Once your date has been selected our web page will be updated with an image as selected by yourself to represent your retreat.

From here a title will be designed and the consumer can access either your web page or a PDF page as designed by you with link to your information.



A mockup of a 'RETREATS' page. The background is a tropical beach scene with a palm tree and turquoise water. The word 'RETREATS' is centered in large white letters, with a 'CHECK YOUR DATES' button to its right. Below the title is a grid of ten retreat options, each with a representative image and a caption:

- Meditation Immersion (person meditating)
- Detox Your Body (fresh fruits)
- Life Coaching Retreat (man's portrait)
- Vinyasa Certification (man in orange robe)
- Yagalates Training (person in yoga pose)
- Silent Retreat (kayakers on water)
- Remission Retreat (person meditating)
- Master Yoga Teacher Training (yoga pose)
- Ram Culinary Retreat (dessert)
- Iyengar Immersion Yoga (yoga poses)

